COVID-19 Boosters

Am I eligible?

If you are age 12+, you are eligible for a booster if you received:

- 2nd dose of the Pfizer vaccine 5 months ago.

If you are age 18+, you are eligible for a booster if you received:

- 2nd dose of the Pfizer vaccine 5 months ago OR
- 2nd dose of the Moderna vaccine 6 months ago OR
- The Johnson & Johnson vaccine 2 months ago.

What is "mix & match?" FDA and CDC approved a "mix & match" option for boosters for ages 18+, which means that your booster shot can be different than your original vaccine.

Some people prefer to get the same vaccine, and that is OK. Some people prefer to get a different vaccine. That is OK too.

Getting a different vaccine may increase your immunity (your body’s ability to fight off the virus) to COVID-19.

When you get a booster vaccine, your body’s immune system fires up again.

You may experience symptoms including pain at the injection site, tiredness, headache, muscle and/or joint pain, chills, swollen lymph nodes (glands) in same arm as the injection, nausea and vomiting, and fever. These are normal responses.

There are some rare side effects from the vaccines in specific groups, therefore we advise the following:

- Females between ages 18 & 49 should get either Moderna or Pfizer.
- Males between 18 & 40 should consider getting Pfizer or Johnson & Johnson as their booster.

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