

COVID-19 Boosters

Am I eligible?

If you received Pfizer or Moderna:

You are eligible for a booster if you

- Received two doses of the Pfizer or Moderna vaccine over 6 months ago AND
- Are age 65 or older OR
- Are age 18+ and living in a long-term care setting OR
- Are age 18+ with an underlying medical condition OR
- Are age 18+ and work in a high-risk setting

If you received Johnson & Johnson:

You are eligible for a booster if you

- Received the Johnson & Johnson vaccine over 2 months ago

What is "mix & match?" FDA and CDC approved a "mix & match" option for boosters, which means that your booster shot can be different than your original vaccine.

Some people prefer to get the **same** vaccine, and that is OK.

Some people prefer to get a **different** vaccine. That is OK too.

Getting a different vaccine may increase your immunity (your body's ability to fight off the virus) to COVID-19.

* When you get a booster vaccine, your body's immune system fires up again.

You may experience **symptoms** including pain at the injection site, tiredness, headache, muscle and/or joint pain, chills, swollen lymph nodes (glands) in same arm as the injection, nausea and vomiting, and fever. These are **normal** responses.

There are some rare side effects from the vaccines in specific groups, therefore we advise the following:

- Females between ages 18 & 49 should get either Moderna or Pfizer.
- Males between 18 & 40 should consider getting Pfizer or Johnson & Johnson as their booster.